

# Aniplants

CHOOSE TO REUSE







**WHY  
REUSE IS  
SO IMPORTANT?**

ALTHOUGH  
RECYCLING IS  
EFFECTIVE IT  
COMES WITH  
ITS OWN SHARE  
OF POLLUTION  
REUSING  
CREATES NO  
POLLUTION

**HOW  
POLLUTION  
AFFECTS  
US?**

POLLUTION  
CAN INCREASE  
THE RISK OF  
HEART  
AND LUNG  
CANCER  
AND CAN  
CAUSE  
ASTHMA,  
LUNG  
INFLAMMATION  
AND REDUCE  
LUNG  
FUNCTION

**WHY  
PLASTIC  
IS SO BAD?**

PLASTIC IS  
A WIDE  
SPREAD  
PROBLEM IT  
CAN AFFECT  
THE OCEANS,  
FOOD, HUMAN  
HEALTH AND  
CONTRIBUTES  
TO CLIMATE  
CHANGE

## HOW TO PREVENT PLASTIC POLLUTION

- BUY IN BULK
- STOP BUYING WATER
- BOYCOTT MICROBEADS
- COOK MORE
- PURCHASE SECOND HAND
- SUPPORT BAG TAX / BAN

## HOW LONG DOES IT TAKE TO DECOMPOSE?

NORMAL PLASTIC ITEMS TAKE UP TO 1000 YEARS  
TO DECOMPOSE. PLASTIC BAGS TAKE 10-20 YEARS  
PLASTIC BOTTLES TAKE 450 YEARS







